

Why Illumodine©™?

© 2021 Gabriel K. Cousens, M.D., M.D.(H), D.D. and Nonnie: Chrystal©, Agent

Disclaimer: The following statements have not been evaluated by the [FDA]. This product is not intended to diagnose, treat, cure or prevent any disease. Any information contained herein is for entertainment purposes only.

Active Iodine (I⁻) is unarguably the most ancient and powerful antioxidant on earth. Radioactive particles, even those found in “Natural” Background Radiation, are the most damaging free radical to the DNA exhausting the most antioxidants. Although antioxidants in general provide radioprotection, **iodine in the form of I⁻, created 3 billion years ago, absorbs 3,000 times more photoelectrons (ionizing radiation) compared to normal tissue.** Unsaturated iodolipids comprise ~50% of the cellular/mitochondrial/nuclear outer membranes to create enclosed protection of the inner contents of the cell. The other ~50% are composed of saturated lipids that have a low “iodine value” meaning these lipids are stable enough not to require iodine. Iodine acts in this context as a “frontline soldier” to absorb ionizing radiation at the outermost cellular/mitochondrial/nuclear membranes in order to protect the innermost God-given DNA from radiation damage.

Iodine is also anti-bacterial; anti-viral; anti-fungal; anti-parasitic; anti-inflammatory; anti-allergenic; anti-histamine; mucolytic; hydrating; detoxifying; energy producing; and not only performs DNA repair but also a unique function known as healthy apoptosis, which supports the body’s ability to eliminate mutated cells underlying cancer or other chronic diseases and replace those cells with healthy cells. The intestines produce and contain 95% of the serotonin found in the body. Serotonin is a neurotransmitter that creates the feeling of well-being and happiness. Iodine is the best anti-parasitic. Since parasites eat serotonin, iodine is therefore important in ameliorating mood disorders like depression and anxiety.

Illumodine©™ is a superior formulation of iodine (~100% bioactive iodine (I⁻)) for the following reasons:

Experience with Illumodine©™. Gabriel K. Cousens, M.D. (Medical Doctor), M.D. (H) (Doctor of Homeopathy), D.D. (Doctor of Divinity), has been doing research on Illumodine™ since 2011 with hundreds of patients as well as hearing about the positive results with thousands of people. A psychiatrist, Dr. Cousens has researched many sources of iodine for many decades since iodine is an important nutrient for brain function. “Iodine deficiency” is ~72-96% worldwide. The primary reason for mitochondrial failure is iodine deficiency. This is significant because with iodine deficiency brain function on multiple levels goes down. The average healthy brain cell has up to 5,000 mitochondria. An unhealthy, iodine deficient cell has 200-300 mitochondria.

“Iodine sufficiency” activates each mitochondrion to produce 18 times more brain cell energy. The result of this is an amelioration of depression and anxiety and an increase in IQ and clarity of mind. For example, enhanced brain function is connected to iodine sufficiency such as with iodine sufficient mothers during pregnancy who have children with up to 13.5 points higher IQ; and iodine sufficient pre-school children (25-59 months) who have up to ~9 points higher IQ in 12 weeks.

Enhanced brain function which improves clarity of mind helps expand our consciousness. From a spiritual perspective, iodine, the main food for the thyroid (located in the neck), is the most spiritual nutrient since it provides the necessary bridge between the lower energy centers (body) and the higher energy centers (head) for elevated consciousness. Part of this elevation happens via the scientific principle, Competitive Inhibition, in which iodine sufficiency can help eliminate harmful fluoride out of the pineal gland. Iodine can also help eliminate mercury, lead, aluminum and cadmium. The pineal gland is responsible for activating the third eye: *Matthew 6:22*: “Meditate, let thine eye [pineal gland] be single and thy whole body shall be filled with light.” For reasons of vibrant health, liberating humanity, and peace on earth, the most bioavailable, effective, highest-frequency formulation of iodine is found in the True Scalar Energy©™ charged Illumodine©™.

True Scalar Energy©™ charged. Little is known globally about frequency healing, let alone true scalar healing. True Scalar Energy©™ is the most balanced, highest frequency available to humanity at this time. Through a proprietary process using beyond-quantum science and extreme purity of raw materials, a totally

natural, organic, true scalar wave activated field is developed. This provides the antidote for nullifying and eliminating the unnatural scalar waves used in scalar weaponry. This perfectly centered, highest frequency energy field organizes DNA (a prerequisite for true wellness) and is an underlying force behind all energetic anatomies. True Scalar Energy©™ products from www.DrCousensGlobal.com help activate and strengthen one's natural, inherent True Scalar Field©™, a columnar wave of beyond-infinite energy permeating and surrounding the entire body on all levels.

Radiation free. Illumodine©™ has been tested for radioactivity with private, very sensitive, proprietary equipment, not available to the public, and is radiation free! There are three major global sources of raw materials for iodine: two are in Japan and one is in South America. Seaweed is not considered a viable source since varieties in the Pacific and Atlantic Oceans have been tested as heavily radiocontaminated! Japan's two iodine sources are heavily radiocontaminated due to Fukushima's 2011 nuclear disaster. The iodine source used in Illumodine©™ is from a pristine, uncontaminated, underground mine site in South America.

Unbound, singlet iodine atoms (I⁻) with ~100% bioavailability. It is “impossible” to trap and suspend single atoms of iodine into a tincture but our proprietary process has done it! *As correctly taught in pharmacy school, the thyroid can only synthesize thyroid hormone with singlet, anionic iodine atoms (unbound I⁻)*—NOT diatomic molecules (I₂); NOT compounds (KI, NaI, NH₄I, etc.); and NOT complexes (e.g., the synthetic iodine used in surgery and sold in pharmacies known as povidone iodine (C₆H₉I₂NO), an iodinated polyvinyl polymer; or radioactive iodide (Na¹³¹I as one example) or nonradioactive iodide (C₁₇H₂₂I₃N₃O₈ as one example) contrast medias used in nuclear medicine). People with compromised health have far less energy to break down molecules, compounds or complexes of iodine into its bioavailable form (I⁻) that the body can use. Anything not bioavailable can become “foreign” or “toxic” to the body. For example, when synthetic polyvinyl polymers (vinyl polymers are the most common type of plastic)/pharmaceutical drugs/compounds/molecules are used as a delivery system for iodine, the body must use precious energy to extract usable unbound I⁻. If the body is already depleted in energy, bioavailability determines how much bound iodine can be extracted and used, or eliminated. According to the Physician's Desk Reference general bioavailability in tablets is ~10%; in capsules is ~20%; in gel caps is ~30%; and in liquids is ~20-50%. Illumodine©™ is ~100% bioavailable due to its proprietary tincture form!

Tincture vs. Solution: Different Forms of Iodine. Unbound I⁻ is the correct form needed to synthesize thyroid hormone. Iodine is most commonly found in nature *bound* as the diatomic molecule of iodine (I₂), and less commonly found during evaporation as the singlet, anionic *unbound* atom of iodine (I⁻). Since I₂ cannot be dissolved in water, one cheap way is to add ~75% potassium iodide (KI) to ~25% I₂ in water. This creates a *solution* that is only ~20-50% bioavailable. The challenge is that the body has to use its own precious energy to lyse both the KI compound and the I₂ diatomic molecule in order to create a usable, unbound I⁻. If the thyroid has enough energy, it can extract unbound I⁻ from the KI; and if the breast tissue has enough energy, it can extract unbound I⁻ from the I₂. But it is much less energy depleting (especially on already compromised health) and much more efficient to achieve iodine saturation/sufficiency if the body can access the unbound I⁻ immediately, which is what ~100% bioavailable Illumodine©™ proprietary *tincture* of unbound I⁻ allows!

Allergy free. A healing crisis/detoxification is not an allergy. *Alleged* iodine allergies are documented when someone reacts to:

- Iodinated contrast medias used in nuclear medicine such as radioactive iodide (e.g., Na¹³¹I) or nonradioactive iodide (e.g., C₁₇H₂₂I₃N₃O₈); or
- Seafood in which the iodine is protein bound and the reaction rather comes from: radioactivity due to Fukushima and other nuclear disasters (see www.DrCousensGlobal.com information on Rad Neutral™) or the preserving chemicals (tripolyphosphates, MSG, etc. that have replaced salt in fish processing) and/or the internal mercury/other toxic heavy metals (typically higher in bottom feeding fish/shellfish that consume food from the sea floor where heavy metals drop) and plastics (sample ratios of plastic to plankton in the ocean in 1999 was ~6:1, in 2008 was ~46:1, and each decade is expected to be ~10 times higher!); or
- Molecules/compounds/complexes of iodine that are synthetic or not readily bioavailable or radiocontaminated.

Allergic reactions are NOT from unbound, singlet, anionic iodine atoms (I^-) that the thyroid requires to synthesize the hormones, T4, T3 or T2 which need 4, 3 or 2 singlet unbound I^- , respectively. So, T3 is NOT created using one I_2 and one KI; T4 is NOT created using two I_2 ; and ***no thyroid hormones are created with any bound forms of iodine***. In other words, readily bioavailable I^- allows for optimal production of thyroid hormone needed in all ~100 trillion cells in the body for proper mitochondrial function.

DNA Repair and Healthy Apoptosis. Iodine catalyzes DNA repair, and as a last resort, healthy apoptosis when DNA damage is too great. Healthy apoptosis is natural programmed cell death of a cell that is too aged, sick, mutated or traumatized, which is then replaced with a healthy cell. Iodine, or unbound I^- , is the only element that always induces healthy apoptosis on its own without assistance from another element or compound. Therefore, iodine is considered “the wild card” of all nutrients. Since the dead cell waste must exit the body, a healing crisis can occur if one saturates with iodine (I^-) too quickly, especially without increasing fluid volume with Transformational Salts^{©™} to dilute the waste. Oxygen (O^-) can also induce healthy apoptosis, but used continually without ample iodine (I^-) can prevent healthy apoptosis via formation of hydroxyl, the most damaging free radical! It is important to understand that oxygen (O^-) with iodine (I^-) prevents hydroxyl formation! When the Transformational Salts[™] Oral Rehydration And Detox Program is implemented with proper ratios of water, salt and iodine, water (H_2O) is able to pass through the cell’s electrolytic membrane, splitting into two hydrogen (H^+) and one oxygen (O^-) inside the cell. In this case, the cell membrane acts as a *hydrogen fuel cell* creating *clean* fuel (H^+) for the mitochondria (instead of using *dirty* fuel such as glucose). Hydrogen (H^+) as clean fuel produces no waste—just H_2O to further hydrate the body! With iodine sufficiency, O^- combines with I^- inside the cell creating hypoiodous acid, which immediately converts to H_2O to further hydrate the cell! Conversely, glucose produces alcohol when consumed by parasites, and carbon dioxide (or carbon monoxide in oxygen deficient cells) when used by the mitochondria.

Electrons are donated. Raw food absorbs photons from the sun, which are converted to electrons (energy) in the body (dead food does not donate electrons). Illumodine^{©™}’s superior iodine formulation of unbound I^- also donates electrons to the body. Sickness is correlated with low cell millivoltage and electron deficiency. Bound molecules/compounds/complexes of iodine do *not* have an anionic charge and do *not* donate electrons but rather rob them because the body’s oxygen, enzymes, chemical reactions and electrons are all needed to extract the only usable form of iodine, which is unbound I^- . Since toxins and parasites have a positive charge, the opposite anionic charge of Illumodine^{©™} pulls toxins and parasites out from inside the cell, creating waste that needs to exit the body. If the waste backs up without: a) drinking proper ratios of water and salt to increase fluids to dilute the waste; b) taking salt baths or ocean swims to pull the waste out through the pores of the skin; c) taking enemas; and/or d) walking/rebounding/exercising; all solutions to help move the lymphatic system, then a healing crisis/detoxification may occur if one saturates with Illumodine^{©™} too quickly.

Depolarization Of Scar Tissue To No Longer Block Energy Flow In The Meridians. Scars, like parasites and toxins, are positively charged and block energy—especially in the skin. They can block the Chinese meridians that run through the skin but also deep inside the body. When unencumbered by scar tissue, these energetic pathways can allow electrons to flow in both ascending and descending directions to keep the body healthy. The skin is one of the richest sources of hormones and immune cells, and also holds ~20% of the body’s hydration as well as iodine reserves! Scar tissue can also form deep inside bones, organs, soft tissue, etc. Whether from surgeries, tattoos, piercings, birthmarks, broken bones, extractions, moles, warts, etc., scars can trap toxins and parasites as well as emotions. Illumodine^{©™} (unbound I^-) together with the deeply penetrating TOL Scalar Castor Oil^{©™} help depolarize positively charged scar tissue releasing trapped waste and unprocessed emotions.

Pure. Illumodine^{©™} ingredients are simple and vigilantly pure. Illumodine^{©™} is radiation free with only two ingredients: singlet iodine atoms (I^-) as stable isotopes of I_{127} and 200 proof organic, non-GMO, grain alcohol. That’s it.